



21 DAY RACIAL JUSTICE CHALLENGE



Student Diversity & Inclusion Services presents our 21-day Racial Justice Challenge!

We have created the 21-day challenge purposefully. We invite YOU to engage, to expand your learning about self, others and systems. Join Student Diversity of Inclusion services in our commitment to create a more just, inclusive and anti-racist society.

On Monday, February 7th from 2-3 PM we will host a gathering in our Intercultural Center (ASC 230) where we will debrief our experience taking on the 21-day Racial Justice challenge and dive into these questions:

- What new information did you learn?
- How were your beliefs challenged?
- In what ways has your perspective changed?
- What feelings are stirring?
- What action have you taken or will take?

DAY 1

DO: Attend your cities in-person MLK Day Celebration! Otherwise, watch Powderhorn's Neighborhood live stream Rev. Dr. Martin Luther King Jr. Day Celebration!

10-12 PM | For more information: <https://www.ppna.org/mlkcelebration>

DAY 2

WATCH: Megan Francis Let's Get to the Root of Racial Injustice TEDx Talk.

[Let's get to the root of racial injustice | Megan Ming Francis | TEDxRainier](#)

DAY 3

LISTEN: Tracing the origin of “Minnesota Nice” | MPR News

<https://www.mprnews.org/story/2009/12/14/syljones>

READ: Revealing the Divisive History of Minneapolis | An interview with five experts on race, culture, and history on the factors that led to George Floyd's death and resulting uprisings in Minneapolis.

<https://www.bloomberg.com/news/articles/2020-06-05/revealing-the-divisive-history-of-minneapolis>

DAY 4

WATCH: Love them First: Lessons from Lucy Laney [Love Them First: Lessons From Lucy Laney Elementary](#) Follow St. Thomas alumna, Mauri Melander, in her journey in fighting to get her north Minneapolis elementary school off “the list.”

DAY 5

WATCH: What's It's like to be Muslim in America by Dalia Mogahed (Ted Talk)

https://www.youtube.com/watch?v=wzkFoetp-_M

DAY 6

WATCH: Crip Camp: A Disability Revolution on Netflix.

<https://www.netflix.com/title/81001496?source=35>

Executed Produced by President Barack Obama and Michelle Obama.

DAY 7

REST: Take a day of rest while listening to Inner Peace by Beautiful Chorus.

[Beautiful Chorus - Inner Peace](#)

DAY 8

READ: Super Human by Nicola Yoon | <https://neighborsvt.org/wp-content/uploads/2020/07/Super-Human-by-Nicola-Yoon.pdf> A short story about a young girl's quest to change a superhero's mind in order to save humanity.

DAY 9

READ: Breaking Through the Binary <https://www.genderbread.org/wp-content/uploads/2017/02/Breaking-through-the-Binary-by-Sam-Killermann.pdf>

DAY 10

WATCH: Life Lakota | The Cheyenne River Reservation

[LIFE LAKOTA | The Cheyenne River Reservation](#)

DAY 11

READ: The Bridge Poem by Kate Rushin. <https://www.historyisaweapon.com/defcon1/thebridgepoem.html>

EXPLORE: Pieces from History is a Weapon. <https://www.historyisaweapon.com/indextrue.html>

DAY 12

WATCH: "Ain't I A Woman?" speech performed by Alfre Woodard.

<https://www.youtube.com/watch?v=uJucKgFosu4&t=34s>

WATCH: Hair Love | An animated short film, about a man who must do his daughters hair for the first time.

https://www.youtube.com/watch?v=kNw8V_Fkw28&t=111s

DAY 13

LISTEN: When Coronavirus and Xenophobia Go Hand in Hand | Code Switch NPR

<https://www.npr.org/2020/03/02/811363404/when-xenophobia-spreads-like-a-virus>

DAY 14

REST: Take a day of rest while listening to “Family Mission Statement,” Beautiful Chorus - “Family Mission Statement”

<https://www.youtube.com/watch?v=7yVEFa0c8iU>

DAY 15

WATCH: The Urgency of Intersectionality | TED Talk by Kimberle Crenshaw

https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality?referrer=playlist-talks_to_help_you_understand_r

DAY 16

WATCH: Alok Vaid-Menon Exists Outside of Your Heteronormative Gender Binary

<https://www.youtube.com/watch?v=j7Gh2n9kPuA>

DAY 17

DO: Research the history of your neighborhood or city and the indigenous tribes that resided there. START HERE!

<https://native-land.ca/>

WATCH: The Power of the Latino Vote

<https://www.youtube.com/watch?v=OT27En3W6bQ>

DAY 18

BE INSPIRED: Dr. Maya Angelou – Just Do Right

https://www.youtube.com/watch?v=bxrV2J_OjGo

WATCH: The Hill We Climb

<https://www.youtube.com/watch?v=Wz4YuEvJ3y4>

DAY 19

DO: Fill out this I am From Poem & share it with someone!

[https://www.wsu.org/wp-content/uploads/2020/07/I_Am_From_Poem\(2\).pdf](https://www.wsu.org/wp-content/uploads/2020/07/I_Am_From_Poem(2).pdf)

DAY 20

LISTEN: The Power of Martin Luther King Jr.'s Anger

<https://www.npr.org/sections/codeswitch/2019/02/20/691298594/the-power-of-martin-luther-king-jr-s-anger>

DO: Research the next city council and school board meeting in your district. Add it to your calendar and plan to attend.

DAY 21

DO: Virtual Poverty Simulation SPENT

<https://playspent.org/>

DO: Donate to the Equity Justice Initiative

DO: Send your favorite challenge(s) to a friend and challenge them to devote a small portion of the day to watch, listen or do, to support a more just America!



Reflect

Reflecting and Journaling -take time every day to reflect on what you choose to do, what you're learning, and how you are feeling.

Difficult emotions such as shame and anger, though uncomfortable to feel, can guide you to deeper self-awareness about how power and privilege impacts you and the people in your life.